

Prayer Team Training

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What is prayer?

Prayer specifically is talking with God. Prayer is relating with our triune God, speaking in the Spirit through Christ to the Father.

Qualifications:

- A follower of Jesus
- A desire to pray & to see God's Spirit working in and through you!
- A humble heart
- A love for others

Foundational Truths:

1. **God is a good father and we are his children.**

1 John 3:1

"See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!"

Romans 8:16 -17

"The Spirit himself testifies with our spirit that we are God's children. Now if we are children, then we are heirs – heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory."

2. **He invites us to talk with him.**

1 Peter 5:7

"Cast all your anxiety on him because he cares for you."

3. **He has invited us to pray with and for one another!**

4. **Prayer is a mystery, it is the place where heaven meets earth, the will of God and the will of men and women all come together into glorious results.**

1 Corinthians 12:7

"Now to each one the manifestation of the Spirit is given for the common good."

Best practices:

1. **Prepare your heart**

2. Prepare your breath

3. Be super sensitive to confidentiality.

4. Keep your heart pure, and be aware of the intimate nature of praying with others.

Speak to a pastor immediately if you have any concerns about this before they develop into something bigger.

5. Ask, don't fix

6. Don't promise something that may not happen, or tell someone they can manipulate God.

7. Ask for support if you need it.

If someone is a threat to themselves or others, OR if someone else is a threat to the person or another, take that person to a pastor or Elder **immediately**.

4 Basic Steps to Pray with Someone:

1. Introductions

Share your name and ask theirs.

2. Listen

Ask how can I pray for you?

3. Repeat

Share back with the person what you've heard (including their feelings and request).

4. Pray

Ask permission before you put a comforting hand on their shoulder.

Romans 12:15

"Rejoice with those who rejoice; mourn with those who mourn."

Luke 22:42

"Father, if you are willing, take this cup from me; yet not my will, but yours be done."

If someone needs more prayer or something comes up that is beyond the scope of your comfort level, ask to introduce them to a pastor or Elder after the service.

Key Scriptures:**Matthew 18:20**

For where two or three gather in my name, there am I with them.

James 1:5

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

James 5:13-15

Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.

Galatians 6:2

Carry each other's burdens, and in this way you will fulfill the law of Christ.

Romans 8:26-27

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.

Philippians 4:7

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.